SENSORY INTEGRATION VIDEO SUMMARY

The Sensory Integration video centers on a family's journey as they navigate daily life parenting children with sensory needs. Viewers get a peek into the morning, afterschool, and sleep routines for children with sensory needs and hear about techniques for helping children stay regulated. Parents and experts talk how early childhood trauma may impact a child's ability to process, organize, and act upon sensory stimuli. Viewers will learn how to become sensory detectives, how to safely and appropriately meet the child's sensory needs in the home, school, and community, and how to use sensory strategies to positively impact caregiver/child attachment.