

RESPONDING TO CHILDREN IN CRISIS VIDEO SUMMARY

The Responding to Children in Crisis video summarizes the phases of crisis and provides foster and adoptive parents with an understanding of each phase of crisis. Adoptive parents and professionals discuss the fright, flight or freeze acute stress response. They share their insights about how to prevent children from escalating by identifying and proactively managing triggers as well as setting up the environment to ensure children feel physically and psychologically safe. Parents also hear about how their reactions can impact crisis situations. Since not all crisis can be prevented, the video also provides practical information on how parents can ensure that both the children and themselves remain safe during the crisis phase.